

## مسابقة في الثقافة العلميّة – مادة علوم الحياة

المدة: ساعة واحدة

(إنكليزي)

الاسم: .....

الرقم: .....

## Exercise 1 (7points)

## Multiple Sclerosis, a Neurological Disease

Multiple sclerosis is a neurological disease that begins with visual troubles, partial paralysis, clumsiness, or walking problems. This disease is due to a progressive destruction of the myelin sheath by white blood cells.

### Document 1

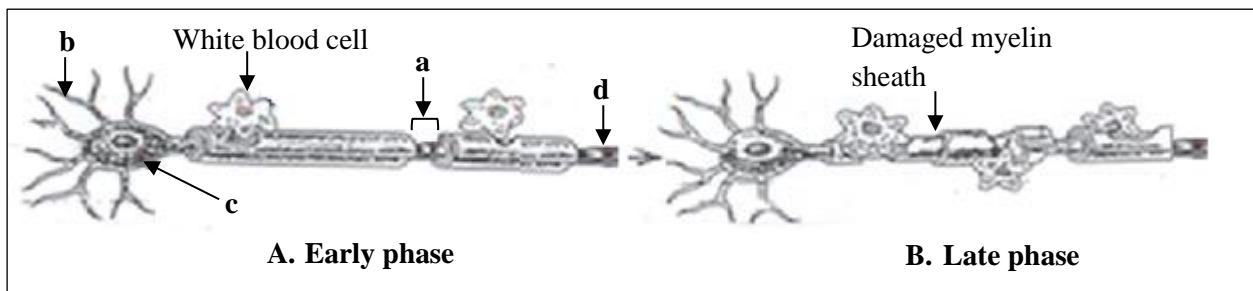
1- **Pick out** from document 1:

1-1- the 4 symptoms of multiple sclerosis.

1-2- the cause of this disease.

Document 2 shows the aspect of a myelinated neuron of an affected individual during **two successive phases of the disease**:

- at the **early** phase (A) (beginning of the disease)
- and at the **late** phase (B).

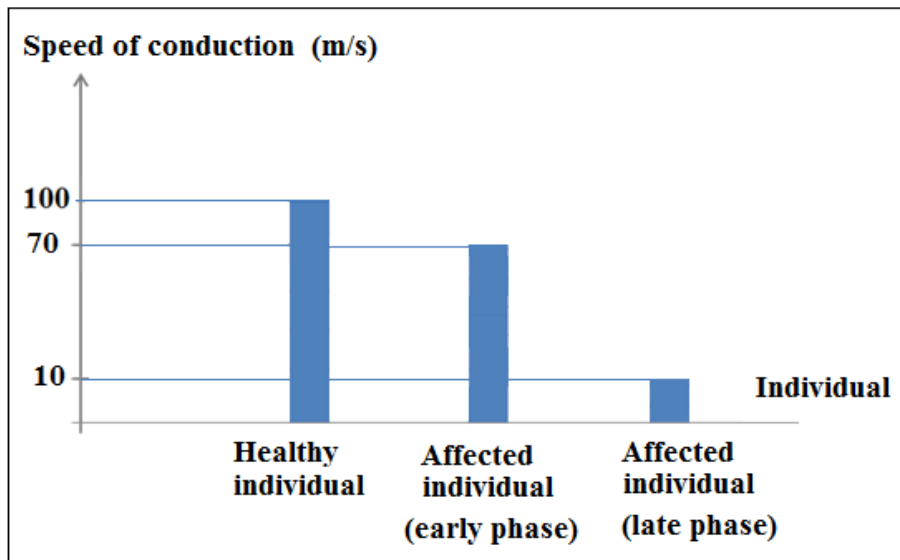


Document 2

2- **Match** each of the structures a, b, c and d of 'document 2' to the suitable number:

- 1- Axon
- 2- Node of Ranvier
- 3- Cell body
- 4- Dendrite

Document 3 represents the speed of conduction of the nervous message recorded at the level of a myelinated nerve fiber in a healthy individual and in an affected individual during the two phases early and late.



**Document 3**

3- **Recopy** and **complete** the table below based on the histogram in document 3.

	Healthy individual (Control)	Affected individual (Early phase)	Affected individual (Late phase)
Speed of conduction of nerve message (in m/s)			

**Document 3**

4-

4-1- **Analyze**, based on document 3, the variation in the speed of conduction of nervous message for each individual (healthy and affected).

4-2- What can you **conclude** concerning the effect of the disease on the speed of conduction of nervous message?

5- **Name** two other neurological diseases.

## Exercise 2 (6 points)

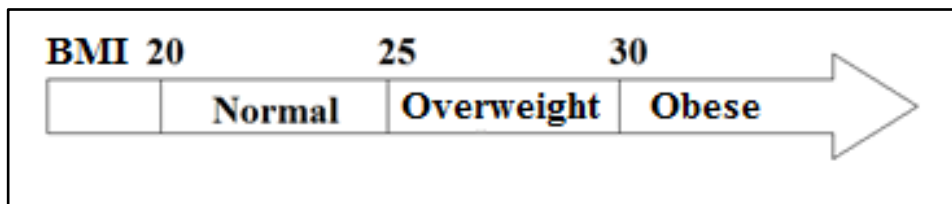
## Obesity

**Obesity**, a state characterized by an abnormal or excessive accumulation of body fat, can lead to dangerous consequences on health.

Three individuals A, B and C consult a dietitian:

- They have **same age (30 years)**
- They have **same height (1.7m)**,
- They have **different body masses:**
  - 70 kg for individual A
  - 90 Kg for individual B
  - 105 Kg for individual C

The body mass index (BMI) is used to measure the degree of obesity (document 1).



Document 1

1- **Calculate** the BMI of each individual (A, B and C) using the following formula:

$$\text{BMI} = \frac{\text{mass (kg)}}{(\text{Height m})^2}$$

2- **Identify** the category to which each individual belongs by referring to document 1.

Document 2 reveals the life style and the food ration of each of the individuals

A, B, and C.

		Individual A	Individual B	Individual C
Life style		Moderate activity	Sedentary (no activity)	Moderate activity
Food ration (g)	Carbohydrates	117		117
	Proteins	27		27
	Lipids	31.5		64

**Document 2**

3-

**3.1- Compare** the life styles of these three individuals (A, B and C).

**3.2- Compare** the food ration of these three individuals (A, B and C).

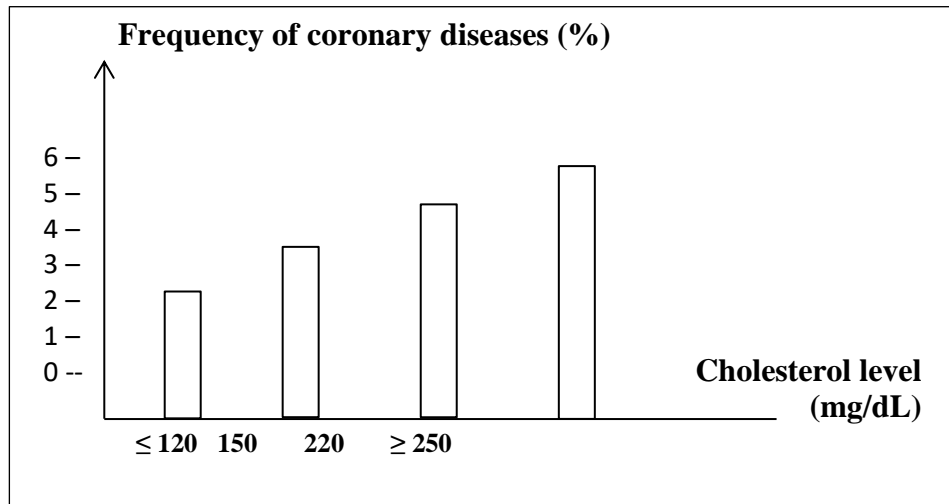
**4- Draw out** the causes of the excess of the body mass in the concerned individuals.

**5- Name** two diseases that obese people might suffer from.

### Exercise 3 (7 points)

### Origin of Coronary Diseases

**Coronary diseases** are a major cause of deaths encountered mostly in the developed countries. Document 1 represents the relation between the frequency of these diseases and the blood cholesterol level.



**Document 1**

**1- Draw** a table presenting the results obtained in document 1.

**2-1- Analyze** the variation in the frequency of coronary diseases as a function of cholesterol level.

**2-2-** What can you **conclude** concerning one of the risk factors of coronary diseases?

A man is hospitalized as a result of a heart attack. The medical analyses of this man show **three narrowed coronary arteries** which are almost **blocked**.

**3- Name** the disease that causes the narrowing of these arteries in this man.

Document 2 shows the blood levels of certain substances in this man and the corresponding normal levels.

	<b>Blood levels in the patient (mg/dL)</b>	<b>Normal blood levels (mg/dL)</b>
<b>LDL</b>	180	108-155
<b>HDL</b>	30	40-80

**Document 2**

**4-**

**4.1- Indicate** the role of LDL.

**4.2 - Indicate** the role of HDL.

**5- Compare** the value of LDL and HDL of the patient to the values in a normal individual.

**6- What additional information does document 2 provide concerning the **origin of the disease** in this man with respect to the values of LDL and HDL?**